# **Day and Nightcare Assistance**

# Home support worker

The role: appropriate care of elderly, disabled and mentally-disabled persons in their own homes, to promote their independence and well-being.



Day-to-day tasks are likely to include personal care, social tasks and emotional support in accordance with a client's wishes, and support and assistance to relatives and other associated carers, working to an agreed care-plan. Visits are confidential and will need to be recorded appropriately.

These tasks might include (amongst others)

#### Personal and social care tasks.

- Washing and bathing and other aspects of personal hygiene.
- Assistance with feeding and with prescribed medication from a pre-measured dosage container.
- Assistance with dressing and undressing.
- Care of hair and skin, teeth and mouth including dentures.
- Assistance with toileting and continence management.
- Assistance with mobility and transfers using specialist equipment where necessary.
- Being aware of any risk or potential risk to clients, or others.

## Domestic tasks.

- Preparation of meals and washing up.
- Making the bed; laundering of clothes, bed linen and towels.
- Dusting, cleaning and vacuuming of living areas.
- Assistance with shopping or prescription/medication collections.
- Collection of pension, benefits and assistance with bill paying as necessary.

### Training and support.

If you are successful at interview, you will be invited to a training course on which you learn these skills training, and undertake appropriate training shadowing another carer. You will also have the support of the office team throughout your time in the job and be offered additional training on a regular basis.

Established over twenty years ago, yet still family-run with the friendly flavour that brings, Day and Nightcare Assistance have long had a reputation for offering the very best care across Oxfordshire.

And we not only care for our clients, we care for our carers too. So if you're a friendly, people-person who likes to bring sunshine to others, we'd love you to hear from you via online application at www.danacare.co.uk or by phone:

Oxford 01865 715716; Wantage 01235 772440; Witney 01993 708905 or Banbury 01295 252277