

Day and Nightcare Assistance



Home support worker (*'discharge to assess' team*)

The role: care and rehabilitation for elderly and vulnerable adults, requiring help to return home after a short stay in hospital, to help promote their independence & well-being in their own homes within the first four weeks of being home.

This is an exciting, variable and dynamic role which makes real changes to people's welfare long-term. Day-to-day tasks are likely to include personal care, social tasks and emotional support in accordance with a client's wishes and preference, supporting relatives and other associated carers, as well as health care professionals. You will help to establish an agreed care-plan and rebuild their daily life skills in the first few weeks. All visits are confidential and will need to be recorded appropriately.

These tasks might include (amongst others)

Personal and social care tasks.

- Washing and bathing and other aspects of personal hygiene.
- Assistance with feeding and with prescribed medication from a pre-measured dosage container.
- Assistance with dressing and undressing.
- Care of hair and skin, teeth and mouth including dentures.
- Assistance with toileting and continence management.
- Assistance with mobility and transfers using specialist equipment where necessary.
- Being aware of any risk or potential risk to clients, or others.

Domestic tasks.

- Preparation of meals and washing up.
- Making the bed; laundering of clothes, bed linen and towels.
- Dusting, cleaning and vacuuming of living areas.
- Assistance with shopping or prescription/medication collections.

Training and support.

If you are successful at interview, you will be invited to a training course on which you learn these skills training, and undertake appropriate training shadowing another carer. You will also have the support of the office team throughout your time in the job and be offered additional training regularly.

This team generally works on a 'fours days on—four days off' basis.

Established over twenty years ago, yet still family-run with the friendly flavour that brings, Day and Nightcare Assistance have long had a reputation for offering the very best care across Oxfordshire. And we not only care for our clients, we care for our carers too. So if you're a friendly, people-person who likes to bring sunshine to others, we'd love you to hear from you. Email rachel.danacare@hotmail.com, apply online at www.danacare.co.uk, or call 01295 252277: this team provides care across the county, coordinated from our Banbury office

Thank you for your interest in Day and Nightcare Assistance